



# Application Instructions

**Product: TLSO Support**  
**Model: 109X**

- Two flexible metal stays.
- Adjustable metal stays provide better support.
- Comfortable to wear and unnoticeable under clothing.
- Reinforcement straps provide extra support.



| Order # | Size     | Waist Measurement |
|---------|----------|-------------------|
| 1093    | Small    | 30" - 34"         |
| 1095    | Medium   | 34" - 38"         |
| 1097    | Large    | 38" - 42"         |
| 1098    | X-Large  | 42" - 46"         |
| 1099    | 2X-Large | 46" - 50"         |
| 1100    | 3X-Large | 50" - 54"         |

**SIZING:** Measure around waist at widest point.

**HOW TO APPLY:** Apply in a standing position. Unfasten all closures. Place arms through shoulder straps. Fasten the front hook and loop closure slightly. With the brace fitting loosely, adjust the shoulder straps to their proper position to comfortably lift and hold shoulders back. Tighten the front panels so the brace fits firmly and snugly around the hips, secure the hook and loop closure on the support base. Pull the overlapping abdominal strap until snug and attach hook and loop closures. Support should fit snug but not too tight or bind the groin area when sitting. Readjust if necessary.

**CARE INSTRUCTIONS:** Fasten closures. Hand wash in cold water with mild soap. Wrap in a towel to remove excess water (do not twist or wring). Air dry away from heat. Do not tumble dry. Do not bleach.

**CAUTION:** Wear as recommended. Always consult a physician when encountering persistent pain, discomfort, inflammation, or swelling.

**SUGG HCPCS CODE:** L0450